

Setting Up Parental Controls - Operating Systems

Setting up parental controls on the operating systems allows you to monitor the time your children spend on specific PC activities. Click on the links below to find out how to set up parental controls on the following operating systems:

- [Windows 8](#)
- Windows 7 – [parental controls](#) and [web filtering](#) ([video](#))
- [Windows Vista](#)
- [Windows XP](#)
- [Mac OS X](#) ([video](#))